

# Life Group Lesson - Week of 3/17

This lesson is based on Mark 14:32-42.

## Highlight

One of the best ways to highlight Scripture is to look for repeated phrases or themes. When the author says something again and again, it clues the reader to what his primary theme might be. A second study skill is to look for contrasting words.

- Highlight a verse or words that stick out to you.
- Highlight and reflect on the words Jesus prayed to the Father.

## Explain

In this portion of our study, we're intending to figure out Mark's meaning to his original audience, as well as those of us who read this today. \*\*Remember, the Bible cannot mean what it never meant.\*\*

- Explain the phrase 'the spirit is willing but the flesh is weak'.
- Explain why Jesus was in such pain and anguish while praying in the Garden.

## Apply

This is now the portion of our study where the rubber meets the road. While the text CAN ONLY have one meaning, there are several different ways it can apply to our lives today.

- How can you choose the spirit instead of the flesh this week?
- Jesus spent time with His Father in both His best and most desperate moments. One of our measures is "Looks up to God daily by practicing the spiritual disciplines". What is one way that you can spend time with the Father this week?

## Respond

According to Daniel Akin at Southeastern Baptist Theological Seminary, "Observation + Interpretation, w/o Application = Constipation."

- What is one way you can let God in this week?
- At Grace, another one of our measures is "Looks across at others weekly in fellowship and accountability". What is one way you can let your Life Group/accountability partner in this week?